

Journal Part 1

- **Make a list of 30 (or more) things you like and a list of 30 (or more) things you hate.**
- **People, Places, Things, Activities, Foods, Ideas, Entertainment, Political Figures, Famous people, Relatives, etc.**

Journal Part 2

Think about the different roles you have in life:

The son/daughter, or grandson, granddaughter

The brother/sister, cousin, godchild, neighbor

**The student, the employee, the friend, the instigator, the fixer,
the clown, the fighter, the sweeper, the informer, etc.**

What hats do you wear your life? What do you like/hate about the different parts you play? How do you change your behavior in different company? What would you like to change about the different roles you play? Do you choose the parts or are they given to you?

Journal 3

Look at yourself through someone else's eyes:

your parents, grandparents, brothers and sisters, closest friends, worst enemies, the manager at Ralphs, the person who sits next to you in Algebra, etc. You might know them very well, or they just might be an acquaintance. Or maybe you don't know them at all.

How do they see you? Feel about you? Trust you? What do they expect from you?

Describe yourself from another's point of view. Or write a letter to yourself from the perspective of another.

Slam Assignment

The Identity Slam: Take the ideas from the 3 journals and write a slam poem about who you are.

Try to incorporate some kind of extended metaphor throughout your poem, and try to use sound devices like alliteration & rhyme. You might tell a story, use a stream of consciousness style, or write in traditional stanzas about different topics.

Don't worry about length, adding more for the sake of more, or cutting because it's too long.

Let the theme come through naturally. You'll know when you're done. Don't force it.