



## 2009-2010 Resources available to RBV Students

RBV's phone number (760) 727-7284



Name of Resource	Area of service/ support	Hours of Operation	Location	Contact Information
RBV Administrators	<ul style="list-style-type: none"> <li>• Safety</li> <li>• Incident reports</li> <li>• Student discipline</li> <li>• Referral to and assistance with available resources</li> </ul>	M-F 7:30 a.m. – 4:00 p.m.	RBV administration building	Ms. Hermansen (A-D) ext. 72204 Mr. Gomez (E-K) ext. 72211 Mr. Dianovsky (L-Q) ext. 72212 Ms. Jones (R-Z) ext. 72203
School Resource Officer	<ul style="list-style-type: none"> <li>• Crime</li> </ul>	M-F 7:30 a.m. – 3:00 p.m.	RBV administration building	Deputy Sease Ext. 72202
RBV Counselors	<ul style="list-style-type: none"> <li>• Scheduling</li> <li>• College planning</li> <li>• Substance abuse</li> <li>• Family problems</li> <li>• Academic, personal, and social concerns</li> <li>• Individual counseling</li> </ul>	M-F 7:30 a.m. – 3:00 p.m.	RBV counseling building	Counseling Main ext. 72926 Mrs. Berry (A-C) ext. 72969 Mrs. Eagon (D-H) ext. 72304 Mrs. Rine (I-M) ext. 72310 Mr. Roty (N-O & ELD) ext. 72309 Ms. Fellars (P-S) ext. 72305 Mrs. Cross (T-Z) ext. 72302 Mrs. Benavidez (sp. ed.) ext. 72317
RBV Nurses	<ul style="list-style-type: none"> <li>• Health concerns</li> <li>• Substance use</li> <li>• Tobacco use</li> <li>• Sexual activity</li> <li>• Teen parenting</li> <li>• Anger Management</li> </ul>	M-F 7:30 a.m. – 3:00 p.m.	RBV administration building	Ms. Amari ext. 72209 Ms. Harding ext. 72928
North County Lifeline	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Anger management</li> <li>• Conflict Resolution</li> <li>• Family Problems</li> <li>• Substance abuse</li> <li>• Gang Prevention</li> </ul>	M-F 8:30 a.m. – 5:00 p.m.	200 Michigan Ave. Vista, CA 92084	(760) 726-4900  <a href="http://www.nclifeline.org">www.nclifeline.org</a>
Palomar Family Counseling	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Family problems</li> <li>• Substance abuse</li> </ul>	M-F 8:30-5:00	945 Vale Terrace Dr. Vista, CA 92084	(760) 741-2660 (760) 630-3505

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Vista Community Clinic	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Family problems</li> <li>• Substance use</li> <li>• Conflict resolution</li> <li>• Project R.E.A.C.H.</li> </ul>	M,W,Th,F: 8am - 5pm;  Tue: 8am - 7:30pm	1000 Vale Terrace, Vista, CA 92084  (may also be available at RBV)	(760) 631-5000 (main office) (760) 630-8177 (Project R.E.A.C.H.) <a href="http://www.vistacommunityclinic.org">www.vistacommunityclinic.org</a>
McAlister Institute	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Anger management</li> </ul>	RBV classes are held after school  McAlister office: M-F 10:30 a.m. – 7:00 p.m Sat 10:00 a.m. – 2:00 p.m	Some classes held at RBV  McAlister office: 2964 Oceanside Blvd. Oceanside, CA 92054	RBV classes contact Mary Amari at ext. 72209  McAlister office: (760) 754-1393 <a href="http://www.mcalisterinstitute.org">www.mcalisterinstitute.org</a>
Boys and Girls Club	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Anger management</li> <li>• Conflict resolution</li> <li>• Family Problems</li> <li>• Substance abuse</li> <li>• Gang prevention</li> </ul>	M-F 7:00 a.m. – 6:30p.m.	410 W. California St. Vista, CA 92083	(760) 724-6606  <a href="http://www.bgcvista.com">www.bgcvista.com</a>
Career Center	<ul style="list-style-type: none"> <li>• Work permits</li> <li>• Scholarship information</li> <li>• College information</li> </ul>	M-F 7:30 a.m. – 3:00 p.m.	RBV counseling building	ext. 72301
21 <sup>st</sup> Century	<ul style="list-style-type: none"> <li>• After school classes (ex: cooking, self-defense, dance, tutoring)</li> </ul>	Weekdays after school (specific days vary by class)	RBV	Joe Vredenburg ext. 72324  <a href="http://rbvafterschool.googlepages.com/home">http://rbvafterschool.googlepages.com/home</a>
RBV tutoring	<ul style="list-style-type: none"> <li>• Tutoring for most classes (ex: math, science, English, etc.)</li> </ul>	Before and after school (varies by subject)	RBV (various locations on campus)	Contact your teacher <a href="http://rbvhs.vusd.k12.ca.us/counseling/Tutoring.html">http://rbvhs.vusd.k12.ca.us/counseling/Tutoring.html</a>
Gear-Up	<ul style="list-style-type: none"> <li>• Academic support</li> <li>• College entrance preparation</li> <li>• After school tutoring</li> </ul>	M-F 7:30 a.m. – 3:30 p.m.	RBV room 301	Maggie Godinez ext. 72348  <a href="http://www.palomar.edu/gearup/rbvhs">http://www.palomar.edu/gearup/rbvhs</a>
Library	<ul style="list-style-type: none"> <li>• Literacy support</li> <li>• Research skills</li> <li>• EBSCO/Destiny</li> <li>• Recreational reading</li> </ul>	M-Th 7:00 a.m. – 5:30 p.m. F 7:00 a.m. – 3:30 p.m.	Building 100	Nancy Tubbs, Librarian ext 72101 <a href="http://www.rbvhs.org/library.htm">http://www.rbvhs.org/library.htm</a>